



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Diego Popov dos Santos

OUTROS

Percurso : EXPERIENTE

Distancia : 2300m (Desnivel 10m)

Tempo : 0:40:47 (17'44"/km)

8/23

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------------|---------|
| 1. João Carlos Silva | 0:26:23 |
| 2. Daniel Avellar Vallim | 0:26:32 |
| 3. Sérgio Luiz Hendges | 0:28:50 |

1.	41	00:01:30		96m	15'38"/km
2.	44	00:02:28	00:03:58	54m	45'41"/km
3.	39	00:01:02	00:05:00	101m	10'14"/km
4.	41	00:01:20	00:06:20	74m	18'01"/km
5.	43	00:00:59	00:07:19	69m	14'15"/km
6.	42	05:43:40	05:50:59	69m49	80'41"/km
7.	41	06:17:44	12:08:43	41m92	13'00"/km
8.	45	00:00:46	12:09:29	48m	15'58"/km
9.	46	00:01:32	12:11:01	113m	13'34"/km
10.	38	00:02:11	12:13:12	91m	24'00"/km
11.	37	00:01:22	12:14:34	114m	11'59"/km
12.	36	00:00:55	12:15:29	80m	11'27"/km
13.	47	00:04:29	12:19:58	179m	25'03"/km
14.	50	00:01:45	12:21:43	79m	22'09"/km
15.	49	00:08:11	12:29:54	132m	62'00"/km
16.	48	00:01:49	12:31:43	62m	29'18"/km
17.	47	00:02:27	12:34:10	158m	15'30"/km
18.	53	00:01:46	12:35:56	114m	15'30"/km
19.	32	00:02:24	12:38:20	299m	8'02"/km
20.	46	00:00:54	12:39:14	99m	9'05"/km
21.	31	00:01:05	12:40:19	176m	6'09"/km
22.	40	00:00:16	12:40:35	38m	7'01"/km
23.	999	00:00:12	12:40:47	40m	5'00"/km

Orienteering Software