



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Sérgio Luiz Hendges

Clube de Orientação do Colégio Militar de
Brasília

Strecke : EXPERIENTE

Länge : 2300m (Steigung 10m)

Zeit : 0:28:50 (12'32"/km)

3/23

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------------|---------|
| 1. João Carlos Silva | 0:26:23 |
| 2. Daniel Avellar Vallim | 0:26:32 |

1.	41	00:02:05		96m	21'42"/km
2.	44	00:01:16	00:03:21	54m	23'27"/km
3.	39	00:00:41	00:04:02	101m	6'46"/km
4.	41	00:00:51	00:04:53	74m	11'29"/km
5.	43	00:00:36	00:05:29	69m	8'42"/km
6.	42	05:44:16	05:49:45	69m	4989'22"/km
7.	41	06:17:25	12:07:10	41m	9205'17"/km
8.	45	00:00:44	12:07:54	48m	15'17"/km
9.	46	00:00:44	12:08:38	113m	6'29"/km
10.	38	00:00:29	12:09:07	91m	5'19"/km
11.	37	00:04:47	12:13:54	114m	41'58"/km
12.	36	00:00:30	12:14:24	80m	6'15"/km
13.	47	00:02:50	12:17:14	179m	15'50"/km
14.	50	00:01:08	12:18:22	79m	14'21"/km
15.	49	00:02:12	12:20:34	132m	16'40"/km
16.	48	00:01:12	12:21:46	62m	19'21"/km
17.	47	00:01:57	12:23:43	158m	12'21"/km
18.	53	00:01:15	12:24:58	114m	10'58"/km
19.	32	00:01:46	12:26:44	299m	5'55"/km
20.	46	00:00:46	12:27:30	99m	7'45"/km
21.	31	00:00:57	12:28:27	176m	5'24"/km
22.	40	00:00:13	12:28:40	38m	5'42"/km
23.	999	00:00:10	12:28:50	40m	4'10"/km

Orienteering Software