



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

João Carlos Silva

Clube de Orientação do Colégio Militar de
Brasília

Circuit : EXPERIENTE

Distance : 2300m (Dénivelé 10m)

Temps : 0:26:23 (11'28"/km)

1/23

O.K.

[Résultats complets sur Webres](#)

2. Daniel Avellar Vallim	0:26:32
3. Sérgio Luiz Hendges	0:28:50

1.	41	00:01:06		96m	11'28"/km
2.	44	00:01:12	00:02:18	54m	22'13"/km
3.	39	00:00:47	00:03:05	101m	7'45"/km
4.	41	00:01:06	00:04:11	74m	14'52"/km
5.	43	00:00:38	00:04:49	69m	9'11"/km
6.	42	05:43:35	05:48:24	69m	49'79'28"/km
7.	41	06:17:33	12:05:57	41m	9'208'32"/km
8.	45	00:00:39	12:06:36	48m	13'32"/km
9.	46	00:00:47	12:07:23	113m	6'56"/km
10.	38	00:00:44	12:08:07	91m	8'04"/km
11.	37	00:00:50	12:08:57	114m	7'19"/km
12.	36	00:01:20	12:10:17	80m	16'40"/km
13.	47	00:03:03	12:13:20	179m	17'02"/km
14.	50	00:00:59	12:14:19	79m	12'27"/km
15.	49	00:02:27	12:16:46	132m	18'34"/km
16.	48	00:00:59	12:17:45	62m	15'52"/km
17.	47	00:02:19	12:20:04	158m	14'40"/km
18.	53	00:01:13	12:21:17	114m	10'40"/km
19.	32	00:02:28	12:23:45	299m	8'15"/km
20.	46	00:00:46	12:24:31	99m	7'45"/km
21.	31	00:01:24	12:25:55	176m	7'57"/km
22.	40	00:00:16	12:26:11	38m	7'01"/km
23.	999	00:00:12	12:26:23	40m	5'00"/km

Orienteering Software