



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Carla Clemente Ferreira

OUTROS

Course : SUPER EXPE

Distance : 2700m (Climbing 10m)

Time : 1:09:27 (25'43"/km)

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O.K.

[Full result on Webres](#)

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|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:02:05		205m	10'10"/km
2.	38	00:01:42	00:03:47	99m	17'10"/km
3.	33	00:01:07	00:04:54	105m	10'38"/km
4.	37	00:02:10	00:07:04	135m	16'03"/km
5.	34	00:04:09	00:11:13	314m	13'13"/km
6.	48	00:05:28	00:16:41	142m	38'30"/km
7.	49	00:02:02	00:18:43	62m	32'48"/km
8.	47	00:10:28	00:29:11	150m	69'47"/km
9.	50	00:01:48	00:30:59	79m	22'47"/km
10.	51	00:01:35	00:32:34	68m	23'17"/km
11.	47	00:01:56	00:34:30	83m	23'18"/km
12.	52	00:05:48	00:40:18	141m	41'08"/km
13.	41	00:06:46	00:47:04	367m	18'26"/km
14.	44	00:05:22	00:52:26	54m	99'23"/km
15.	43	00:02:15	00:54:41	80m	28'08"/km
16.	41	00:01:20	00:56:01	69m	19'19"/km
17.	42	05:45:11	06:41:12	41m84	19'06"/km
18.	39	06:19:00	13:00:12	95m39	89'28"/km
19.	41	00:02:57	13:03:09	74m	39'52"/km
20.	46	00:03:13	13:06:22	106m	30'21"/km
21.	31	00:02:34	13:08:56	176m	14'35"/km
22.	40	00:00:16	13:09:12	38m	7'01"/km
23.	999	00:00:15	13:09:27	40m	6'15"/km

Orienteering Software