



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Rhubia Cristina Simões Camargos De Paula

OUTROS

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 1:05:05 (24'06"/km)

42/51

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:11		205m	5'46"/km
2.	38	00:00:46	00:01:57	99m	7'45"/km
3.	33	00:00:38	00:02:35	105m	6'02"/km
4.	37	00:01:43	00:04:18	135m	12'43"/km
5.	34	00:03:03	00:07:21	314m	9'43"/km
6.	48	00:01:50	00:09:11	142m	12'55"/km
7.	49	00:02:42	00:11:53	62m	43'33"/km
8.	47	00:06:17	00:18:10	150m	41'53"/km
9.	50	00:00:49	00:18:59	79m	10'20"/km
10.	51	00:02:24	00:21:23	68m	35'18"/km
11.	47	00:01:28	00:22:51	83m	17'40"/km
12.	52	00:06:00	00:28:51	141m	42'33"/km
13.	41	00:11:18	00:40:09	367m	30'47"/km
14.	44	00:09:09	00:49:18	54m	169'27"/km
15.	43	00:01:38	00:50:56	80m	20'25"/km
16.	41	00:01:00	00:51:56	69m	14'30"/km
17.	42	05:46:57	06:38:53	41m84	62'12"/km
18.	39	06:17:58	12:56:51	95m39	78'36"/km
19.	41	00:03:12	13:00:03	74m	43'15"/km
20.	46	00:03:43	13:03:46	106m	35'04"/km
21.	31	00:00:55	13:04:41	176m	5'12"/km
22.	40	00:00:14	13:04:55	38m	6'08"/km
23.	999	00:00:10	13:05:05	40m	4'10"/km

Orienteering Software