



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

João Gabriel César Palermo

Clube de Orientação do Colégio Militar de
Brasília

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 0:54:39 (20'14"/km)

37/51

O.K.

[Resultados completos em Webres](#)

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|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:26		205m	7'00"/km
2.	38	00:00:43	00:02:09	99m	7'14"/km
3.	33	00:00:44	00:02:53	105m	6'59"/km
4.	37	00:00:53	00:03:46	135m	6'33"/km
5.	34	00:01:47	00:05:33	314m	5'41"/km
6.	48	00:01:36	00:07:09	142m	11'16"/km
7.	49	00:01:22	00:08:31	62m	22'03"/km
8.	47	00:01:48	00:10:19	150m	12'00"/km
9.	50	00:25:27	00:35:46	79m	322'09"/km
10.	51	00:01:15	00:37:01	68m	18'23"/km
11.	47	00:01:12	00:38:13	83m	14'27"/km
12.	52	00:02:58	00:41:11	141m	21'02"/km
13.	41	00:04:07	00:45:18	367m	11'13"/km
14.	44	00:01:12	00:46:30	54m	22'13"/km
15.	43	00:01:35	00:48:05	80m	19'47"/km
16.	41	00:01:11	00:49:16	69m	17'09"/km
17.	42	05:43:34	06:32:50	41m	8379'40"/km
18.	39	06:18:18	12:51:08	95m	3982'06"/km
19.	41	00:00:56	12:52:04	74m	12'37"/km
20.	46	00:01:18	12:53:22	106m	12'16"/km
21.	31	00:00:54	12:54:16	176m	5'07"/km
22.	40	00:00:13	12:54:29	38m	5'42"/km
23.	999	00:00:10	12:54:39	40m	4'10"/km

Orienteering Software