



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Vinicius Rodrigues Lopes

CLUBE DE ORIENTAÇÃO ROCHA

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 0:54:05 (20'02"/km)

33/51

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:20	205m	6'30"/km
2.	38	00:01:05 00:02:25	99m	10'57"/km
3.	33	00:00:58 00:03:23	105m	9'12"/km
4.	37	00:01:59 00:05:22	135m	14'41"/km
5.	34	00:01:59 00:07:21	314m	6'19"/km
6.	48	00:03:50 00:11:11	142m	27'00"/km
7.	49	00:09:21 00:20:32	62m	150'48"/km
8.	47	00:03:46 00:24:18	150m	25'07"/km
9.	50	00:02:00 00:26:18	79m	25'19"/km
10.	51	00:01:40 00:27:58	68m	24'31"/km
11.	47	00:01:17 00:29:15	83m	15'28"/km
12.	52	00:05:14 00:34:29	141m	37'07"/km
13.	41	00:05:37 00:40:06	367m	15'18"/km
14.	44	00:02:26 00:42:32	54m	45'04"/km
15.	43	00:01:30 00:44:02	80m	18'45"/km
16.	41	00:01:20 00:45:22	69m	19'19"/km
17.	42	05:44:47 06:30:09	41m8409'21"/km	
18.	39	06:19:12 12:49:21	95m3991'35"/km	
19.	41	00:01:21 12:50:42	74m	18'15"/km
20.	46	00:02:02 12:52:44	106m	19'11"/km
21.	31	00:00:56 12:53:40	176m	5'18"/km
22.	40	00:00:14 12:53:54	38m	6'08"/km
23.	999	00:00:11 12:54:05	40m	4'35"/km

Orienteering Software