



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Leonardo Dos Sntos Avakian

CLUBE DE ORIENTAÇÃO ROCHA

Omloop : SUPER EXPE

Afstand : 2700m (Hoogteverschil 10m)

Tijd : 0:53:25 (19'47"/km)

32/51

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valker Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:08		205m	5'32"/km
2.	38	00:00:35	00:01:43	99m	5'54"/km
3.	33	00:00:43	00:02:26	105m	6'50"/km
4.	37	00:10:40	00:13:06	135m	79'01"/km
5.	34	00:02:00	00:15:06	314m	6'22"/km
6.	48	00:03:50	00:18:56	142m	27'00"/km
7.	49	00:04:37	00:23:33	62m	74'28"/km
8.	47	00:03:46	00:27:19	150m	25'07"/km
9.	50	00:01:39	00:28:58	79m	20'53"/km
10.	51	00:01:45	00:30:43	68m	25'44"/km
11.	47	00:01:59	00:32:42	83m	23'54"/km
12.	52	00:03:53	00:36:35	141m	27'32"/km
13.	41	00:04:51	00:41:26	367m	13'13"/km
14.	44	00:02:19	00:43:45	54m	42'54"/km
15.	43	00:01:05	00:44:50	80m	13'32"/km
16.	41	00:01:11	00:46:01	69m	17'09"/km
17.	42	05:43:58	06:29:59	41m8389'26"/km	
18.	39	06:18:47	12:48:46	95m3987'12"/km	
19.	41	00:01:12	12:49:58	74m	16'13"/km
20.	46	00:02:02	12:52:00	106m	19'11"/km
21.	31	00:00:59	12:52:59	176m	5'35"/km
22.	40	00:00:14	12:53:13	38m	6'08"/km
23.	999	00:00:12	12:53:25	40m	5'00"/km

Orienteering Software