



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Luciano Puchalski

Clube de Orientação do Colégio Militar de
Brasília

Strecke : SUPER EXPE

Länge : 2700m (Steigung 10m)

Zeit : 0:50:31 (18'43"/km)

31/51

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:02:06		205m	10'15"/km
2.	38	00:01:07	00:03:13	99m	11'17"/km
3.	33	00:01:06	00:04:19	105m	10'29"/km
4.	37	00:01:27	00:05:46	135m	10'44"/km
5.	34	00:03:30	00:09:16	314m	11'09"/km
6.	48	00:02:34	00:11:50	142m	18'05"/km
7.	49	00:01:50	00:13:40	62m	29'34"/km
8.	47	00:03:40	00:17:20	150m	24'27"/km
9.	50	00:01:24	00:18:44	79m	17'43"/km
10.	51	00:01:19	00:20:03	68m	19'22"/km
11.	47	00:01:48	00:21:51	83m	21'41"/km
12.	52	00:05:02	00:26:53	141m	35'42"/km
13.	41	00:06:34	00:33:27	367m	17'54"/km
14.	44	00:05:20	00:38:47	54m	98'46"/km
15.	43	00:01:23	00:40:10	80m	17'17"/km
16.	41	00:01:05	00:41:15	69m	15'42"/km
17.	42	05:43:39	06:24:54	41m8381'42"/km	
18.	39	06:18:48	12:43:42	95m3987'22"/km	
19.	41	00:02:00	12:45:42	74m	27'02"/km
20.	46	00:02:09	12:47:51	106m	20'17"/km
21.	31	00:01:52	12:49:43	176m	10'36"/km
22.	40	00:00:28	12:50:11	38m	12'17"/km
23.	999	00:00:20	12:50:31	40m	8'20"/km

Orienteering Software