



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Graziella Scorza Soares Ferreira

CLUBE DE ORIENTAÇÃO ROCHA

Omloop : SUPER EXPE

Afstand : 2700m (Hoogteverschil 10m)

Tijd : 0:48:48 (18'04"/km)

30/51

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:44		205m	8'27"/km
2.	38	00:00:57	00:02:41	99m	9'36"/km
3.	33	00:01:05	00:03:46	105m	10'19"/km
4.	37	00:02:04	00:05:50	135m	15'19"/km
5.	53	00:01:39	00:07:29	209m	7'54"/km
6.	34	00:01:05	00:08:34	129m	8'24"/km
7.	48	00:02:08	00:10:42	142m	15'01"/km
8.	49	00:01:58	00:12:40	62m	31'43"/km
9.	47	00:05:00	00:17:40	150m	33'20"/km
10.	50	00:01:34	00:19:14	79m	19'50"/km
11.	51	00:01:52	00:21:06	68m	27'27"/km
12.	47	00:02:14	00:23:20	83m	26'54"/km
13.	52	00:04:19	00:27:39	141m	30'37"/km
14.	41	00:05:47	00:33:26	367m	15'46"/km
15.	44	00:01:27	00:34:53	54m	26'51"/km
16.	43	00:01:47	00:36:40	80m	22'18"/km
17.	41	00:00:51	00:37:31	69m	12'19"/km
18.	42	05:44:12	06:21:43	41m8395'07"/km	
19.	39	06:19:39	12:41:22	95m3996'19"/km	
20.	41	00:03:26	12:44:48	74m	46'24"/km
21.	46	00:01:59	12:46:47	106m	18'43"/km
22.	31	00:01:30	12:48:17	176m	8'31"/km
23.	40	00:00:18	12:48:35	38m	7'54"/km
24.	999	00:00:13	12:48:48	40m	5'25"/km

Orienteering Software