



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Thais Teodoro De Oliveira

OUTROS

Strecke : SUPER EXPE

Länge : 2700m (Steigung 10m)

Zeit : 0:48:34 (17'59"/km)

29/51

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:02		205m	5'02"/km
2.	38	00:00:45	00:01:47	99m	7'35"/km
3.	33	00:00:56	00:02:43	105m	8'53"/km
4.	37	00:01:11	00:03:54	135m	8'46"/km
5.	34	00:02:11	00:06:05	314m	6'57"/km
6.	48	00:04:22	00:10:27	142m	30'45"/km
7.	49	00:04:10	00:14:37	62m	67'12"/km
8.	47	00:04:22	00:18:59	150m	29'07"/km
9.	50	00:02:09	00:21:08	79m	27'13"/km
10.	51	00:04:20	00:25:28	68m	63'44"/km
11.	47	00:01:43	00:27:11	83m	20'41"/km
12.	52	00:04:37	00:31:48	141m	32'45"/km
13.	41	00:05:24	00:37:12	367m	14'43"/km
14.	44	00:01:34	00:38:46	54m	29'01"/km
15.	43	00:01:02	00:39:48	80m	12'55"/km
16.	41	00:03:36	00:43:24	69m	52'10"/km
17.	42	05:43:38	06:27:02	41m8381'18"/km	
18.	39	06:18:30	12:45:32	95m3984'13"/km	
19.	41	00:01:57	12:47:29	74m	26'21"/km
20.	46	00:01:05	12:48:34	106m	10'13"/km

Orienteering Software