



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Gabriel Kioshi De Azevedo

Nakandakari

Clube de Orientação do Colégio Militar de
Brasília

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 0:46:54 (17'22"/km)

28/51

O.K.

[Resultados completos em Webres](#)

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|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:00:55		205m	4'28"/km
2.	38	00:01:19	00:02:14	99m	13'18"/km
3.	33	00:00:35	00:02:49	105m	5'33"/km
4.	37	00:02:21	00:05:10	135m	17'24"/km
5.	34	00:05:10	00:10:20	314m	16'27"/km
6.	48	00:03:26	00:13:46	142m	24'11"/km
7.	49	00:01:48	00:15:34	62m	29'02"/km
8.	47	00:11:53	00:27:27	150m	79'13"/km
9.	50	00:03:50	00:31:17	79m	48'31"/km
10.	51	00:01:38	00:32:55	68m	24'01"/km
11.	47	00:01:11	00:34:06	83m	14'15"/km
12.	52	00:02:54	00:37:00	141m	20'34"/km
13.	41	00:03:08	00:40:08	367m	8'32"/km
14.	44	00:01:01	00:41:09	54m	18'50"/km
15.	43	00:01:03	00:42:12	80m	13'08"/km
16.	41	00:00:32	00:42:44	69m	7'44"/km
17.	42	05:43:23	06:26:07	41m	8375'12"/km
18.	39	06:17:57	12:44:04	95m	3978'25"/km
19.	41	00:00:31	12:44:35	74m	6'59"/km
20.	46	00:00:58	12:45:33	106m	9'07"/km
21.	31	00:00:57	12:46:30	176m	5'24"/km
22.	40	00:00:17	12:46:47	38m	7'27"/km
23.	999	00:00:07	12:46:54	40m	2'55"/km

Orienteering Software