



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

André De Medeiros Araújo

OUTROS

Course : SUPER EXPE

Distance : 2700m (Climbing 10m)

Time : 0:42:30 (15'44"/km)

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O.K.

[Full result on Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:21		205m	6'35"/km
2.	38	00:00:59	00:02:20	99m	9'56"/km
3.	33	00:00:44	00:03:04	105m	6'59"/km
4.	37	00:01:54	00:04:58	135m	14'04"/km
5.	34	00:02:13	00:07:11	314m	7'04"/km
6.	48	00:05:47	00:12:58	142m	40'44"/km
7.	49	00:03:10	00:16:08	62m	51'05"/km
8.	47	00:03:48	00:19:56	150m	25'20"/km
9.	50	00:01:40	00:21:36	79m	21'06"/km
10.	51	00:01:19	00:22:55	68m	19'22"/km
11.	47	00:01:09	00:24:04	83m	13'51"/km
12.	52	00:03:11	00:27:15	141m	22'35"/km
13.	41	00:04:37	00:31:52	367m	12'35"/km
14.	44	00:02:21	00:34:13	54m	43'31"/km
15.	43	00:00:57	00:35:10	80m	11'53"/km
16.	41	00:00:44	00:35:54	69m	10'38"/km
17.	42	05:43:34	06:19:28	41m8379'	40"/km
18.	39	06:18:09	12:37:37	95m3980'	32"/km
19.	41	00:01:20	12:38:57	74m	18'01"/km
20.	46	00:01:47	12:40:44	106m	16'49"/km
21.	31	00:01:18	12:42:02	176m	7'23"/km
22.	40	00:00:16	12:42:18	38m	7'01"/km
23.	999	00:00:12	12:42:30	40m	5'00"/km

Orienteering Software