



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Gustavo de Carvalho Dalton

CLUBE DE ORIENTAÇÃO ROCHA

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 0:41:35 (15'24"/km)

20/51

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:11		205m	5'46"/km
2.	38	00:00:41	00:01:52	99m	6'54"/km
3.	33	00:00:40	00:02:32	105m	6'21"/km
4.	37	00:01:53	00:04:25	135m	13'57"/km
5.	34	00:01:57	00:06:22	314m	6'13"/km
6.	48	00:01:42	00:08:04	142m	11'58"/km
7.	49	00:02:15	00:10:19	62m	36'17"/km
8.	47	00:04:31	00:14:50	150m	30'07"/km
9.	50	00:01:23	00:16:13	79m	17'31"/km
10.	51	00:01:18	00:17:31	68m	19'07"/km
11.	47	00:01:18	00:18:49	83m	15'40"/km
12.	52	00:04:45	00:23:34	141m	33'41"/km
13.	41	00:03:44	00:27:18	367m	10'10"/km
14.	44	00:02:01	00:29:19	54m	37'21"/km
15.	43	00:01:52	00:31:11	80m	23'20"/km
16.	39	00:02:04	00:33:15		
17.	41	00:01:07	00:34:22	74m	15'05"/km
18.	42	05:43:41	06:18:03	41m	8382'31"/km
19.	39	06:18:22	12:36:25	95m	3982'48"/km
20.	41	00:00:59	12:37:24	74m	13'17"/km
21.	46	00:02:37	12:40:01	106m	24'41"/km
22.	31	00:01:05	12:41:06	176m	6'09"/km
23.	40	00:00:16	12:41:22	38m	7'01"/km
24.	999	00:00:13	12:41:35	40m	5'25"/km

Orienteering Software