



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Alexsandro Facin

CLUBE DE ORIENTAÇÃO ROCHA

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 0:34:51 (12'54"/km)

15/51

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:04		205m	5'12"/km
2.	38	00:01:20	00:02:24	99m	13'28"/km
3.	33	00:00:48	00:03:12	105m	7'37"/km
4.	37	00:03:44	00:06:56	135m	27'39"/km
5.	34	00:01:58	00:08:54	314m	6'16"/km
6.	48	00:02:02	00:10:56	142m	14'19"/km
7.	49	00:01:24	00:12:20	62m	22'35"/km
8.	47	00:02:43	00:15:03	150m	18'07"/km
9.	50	00:01:04	00:16:07	79m	13'30"/km
10.	51	00:01:18	00:17:25	68m	19'07"/km
11.	47	00:01:04	00:18:29	83m	12'51"/km
12.	52	00:02:30	00:20:59	141m	17'44"/km
13.	41	00:03:47	00:24:46	367m	10'19"/km
14.	44	00:01:15	00:26:01	54m	23'09"/km
15.	43	00:00:40	00:26:41	80m	8'20"/km
16.	41	00:00:54	00:27:35	69m	13'03"/km
17.	42	05:44:31	06:12:06	41m840	2'51"/km
18.	39	06:18:46	12:30:52	95m398	7'01"/km
19.	41	00:01:08	12:32:00	74m	15'19"/km
20.	46	00:01:13	12:33:13	106m	11'29"/km
21.	31	00:01:13	12:34:26	176m	6'55"/km
22.	40	00:00:16	12:34:42	38m	7'01"/km
23.	999	00:00:09	12:34:51	40m	3'45"/km

Orienteering Software