



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Adilson Alezandro Mosquer

Clube de Orientação do Colégio Militar de
Brasília

Percurso : SUPER EXPE

Distancia : 2700m (Desnivel 10m)

Tempo : 0:32:07 (11'54"/km)

14/51

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:01:02		205m	5'02"/km
2.	38	00:01:08	00:02:10	99m	11'27"/km
3.	33	00:00:36	00:02:46	105m	5'43"/km
4.	37	00:00:52	00:03:38	135m	6'25"/km
5.	34	00:01:46	00:05:24	314m	5'38"/km
6.	48	00:01:46	00:07:10	142m	12'26"/km
7.	49	00:04:39	00:11:49	62m	75'00"/km
8.	47	00:01:59	00:13:48	150m	13'13"/km
9.	50	00:02:42	00:16:30	79m	34'11"/km
10.	51	00:00:53	00:17:23	68m	12'59"/km
11.	47	00:01:30	00:18:53	83m	18'04"/km
12.	52	00:02:03	00:20:56	141m	14'32"/km
13.	41	00:03:18	00:24:14	367m	9'00"/km
14.	44	00:01:10	00:25:24	54m	21'36"/km
15.	43	00:01:10	00:26:34	80m	14'35"/km
16.	41	00:00:41	00:27:15	69m	9'54"/km
17.	42	05:43:28	06:10:43	41m8377'	14"/km
18.	39	06:17:56	12:28:39	95m3978'	15"/km
19.	41	00:00:48	12:29:27	74m	10'49"/km
20.	46	00:01:13	12:30:40	106m	11'29"/km
21.	31	00:01:02	12:31:42	176m	5'52"/km
22.	40	00:00:14	12:31:56	38m	6'08"/km
23.	999	00:00:11	12:32:07	40m	4'35"/km

Orienteering Software