



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Cristiano Alves da Silva

OUTROS

Omloop : SUPER EXPE

Afstand : 2700m (Hoogteverschil 10m)

Tijd : 0:25:10 (9'19"/km)

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O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------------|---------|
| 1. Gilnei Kraftzuk | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |
| 3. Altair Lorenzi | 0:24:15 |

1.	32	00:00:53		205m	4'19"/km
2.	38	00:00:34	00:01:27	99m	5'43"/km
3.	33	00:01:11	00:02:38	105m	11'16"/km
4.	37	00:00:47	00:03:25	135m	5'48"/km
5.	34	00:01:44	00:05:09	314m	5'31"/km
6.	48	00:02:35	00:07:44	142m	18'12"/km
7.	49	00:00:50	00:08:34	62m	13'26"/km
8.	47	00:01:42	00:10:16	150m	11'20"/km
9.	50	00:00:41	00:10:57	79m	8'39"/km
10.	51	00:00:48	00:11:45	68m	11'46"/km
11.	47	00:00:49	00:12:34	83m	9'50"/km
12.	52	00:02:41	00:15:15	141m	19'02"/km
13.	41	00:02:42	00:17:57	367m	7'21"/km
14.	44	00:00:58	00:18:55	54m	17'54"/km
15.	43	00:00:37	00:19:32	80m	7'43"/km
16.	41	00:00:35	00:20:07	69m	8'27"/km
17.	42	05:43:46	06:03:53	41m8384	33"/km
18.	39	06:17:38	12:21:31	95m3975	05"/km
19.	41	00:01:20	12:22:51	74m	18'01"/km
20.	46	00:01:05	12:23:56	106m	10'13"/km
21.	31	00:00:51	12:24:47	176m	4'50"/km
22.	40	00:00:14	12:25:01	38m	6'08"/km
23.	999	00:00:09	12:25:10	40m	3'45"/km

Orienteering Software