



# 4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

## PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

### SE ORIENTA DF

#### Altair Lorenzi

Clube de Orientação do Colégio Militar de  
Brasília

Omloop : SUPER EXPE

Afstand : 2700m (Hoogteverschil 10m)

Tijd : 0:24:15 (8'59"/km)

3/51

O.K.

[Volledige uitslagen op Webres](#)

- |                             |         |
|-----------------------------|---------|
| 1. Gilnei Kraftzuk          | 0:21:25 |
| 2. Valter Araújo dos Santos | 0:23:32 |

|     |     |          |          |         |           |
|-----|-----|----------|----------|---------|-----------|
| 1.  | 32  | 00:00:59 |          | 205m    | 4'48"/km  |
| 2.  | 38  | 00:00:31 | 00:01:30 | 99m     | 5'13"/km  |
| 3.  | 33  | 00:00:34 | 00:02:04 | 105m    | 5'24"/km  |
| 4.  | 37  | 00:00:42 | 00:02:46 | 135m    | 5'11"/km  |
| 5.  | 34  | 00:01:57 | 00:04:43 | 314m    | 6'13"/km  |
| 6.  | 48  | 00:02:17 | 00:07:00 | 142m    | 16'05"/km |
| 7.  | 49  | 00:01:01 | 00:08:01 | 62m     | 16'24"/km |
| 8.  | 47  | 00:01:43 | 00:09:44 | 150m    | 11'27"/km |
| 9.  | 50  | 00:00:50 | 00:10:34 | 79m     | 10'33"/km |
| 10. | 51  | 00:00:46 | 00:11:20 | 68m     | 11'16"/km |
| 11. | 47  | 00:01:04 | 00:12:24 | 83m     | 12'51"/km |
| 12. | 52  | 00:01:50 | 00:14:14 | 141m    | 13'00"/km |
| 13. | 41  | 00:03:02 | 00:17:16 | 367m    | 8'16"/km  |
| 14. | 44  | 00:01:00 | 00:18:16 | 54m     | 18'31"/km |
| 15. | 43  | 00:00:39 | 00:18:55 | 80m     | 8'08"/km  |
| 16. | 41  | 00:00:33 | 00:19:28 | 69m     | 7'58"/km  |
| 17. | 42  | 05:43:27 | 06:02:55 | 41m8376 | 50"/km    |
| 18. | 39  | 06:17:54 | 12:20:49 | 95m3977 | 54"/km    |
| 19. | 41  | 00:00:57 | 12:21:46 | 74m     | 12'50"/km |
| 20. | 46  | 00:01:17 | 12:23:03 | 106m    | 12'06"/km |
| 21. | 31  | 00:00:52 | 12:23:55 | 176m    | 4'55"/km  |
| 22. | 40  | 00:00:11 | 12:24:06 | 38m     | 4'49"/km  |
| 23. | 999 | 00:00:09 | 12:24:15 | 40m     | 3'45"/km  |

Orienteering Software