



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Valker Araújo dos Santos

Clube de Orientação Tiradentes

Strecke : SUPER EXPE

Länge : 2700m (Steigung 10m)

Zeit : 0:23:32 (8'43"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Gilnei Kraftzuk	0:21:25
3. Altair Lorenzi	0:24:15

1.	32	00:01:04		205m	5'12"/km
2.	38	00:00:30	00:01:34	99m	5'03"/km
3.	33	00:00:36	00:02:10	105m	5'43"/km
4.	37	00:00:39	00:02:49	135m	4'49"/km
5.	34	00:01:37	00:04:26	314m	5'09"/km
6.	48	00:01:35	00:06:01	142m	11'09"/km
7.	49	00:01:52	00:07:53	62m	30'06"/km
8.	47	00:01:15	00:09:08	150m	8'20"/km
9.	50	00:00:41	00:09:49	79m	8'39"/km
10.	51	00:00:44	00:10:33	68m	10'47"/km
11.	47	00:00:38	00:11:11	83m	7'38"/km
12.	52	00:01:45	00:12:56	141m	12'25"/km
13.	41	00:02:38	00:15:34	367m	7'11"/km
14.	44	00:00:48	00:16:22	54m	14'49"/km
15.	43	00:01:02	00:17:24	80m	12'55"/km
16.	41	00:00:41	00:18:05	69m	9'54"/km
17.	42	05:44:14	06:02:19	41m8395'56"/km	
18.	39	06:17:51	12:20:10	95m3977'22"/km	
19.	41	00:00:43	12:20:53	74m	9'41"/km
20.	46	00:01:27	12:22:20	106m	13'41"/km
21.	31	00:00:52	12:23:12	176m	4'55"/km
22.	40	00:00:12	12:23:24	38m	5'16"/km
23.	999	00:00:08	12:23:32	40m	3'20"/km

Orienteering Software