



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Gilnei Kraftzuk

Clube de Orientação de Curitiba

Strecke : SUPER EXPE

Länge : 2700m (Steigung 10m)

Zeit : 0:21:25 (7'56"/km)

1/51

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Valter Araújo dos Santos 0:23:32
3. Altair Lorenzi 0:24:15

1.	32	00:00:56		205m	4'33"/km
2.	38	00:00:30	00:01:26	99m	5'03"/km
3.	33	00:00:33	00:01:59	105m	5'14"/km
4.	37	00:00:48	00:02:47	135m	5'56"/km
5.	34	00:01:30	00:04:17	314m	4'47"/km
6.	48	00:01:09	00:05:26	142m	8'06"/km
7.	49	00:00:44	00:06:10	62m	11'50"/km
8.	47	00:01:29	00:07:39	150m	9'53"/km
9.	50	00:00:51	00:08:30	79m	10'46"/km
10.	51	00:00:58	00:09:28	68m	14'13"/km
11.	47	00:00:59	00:10:27	83m	11'51"/km
12.	52	00:01:42	00:12:09	141m	12'03"/km
13.	41	00:02:41	00:14:50	367m	7'19"/km
14.	44	00:01:34	00:16:24	54m	29'01"/km
15.	43	00:00:33	00:16:57	80m	6'53"/km
16.	41	00:00:28	00:17:25	69m	6'46"/km
17.	42	05:43:19	06:00:44	41m8373	3'35"/km
18.	39	06:17:48	12:18:32	95m3976	6'51"/km
19.	41	00:00:43	12:19:15	74m	9'41"/km
20.	46	00:00:58	12:20:13	106m	9'07"/km
21.	31	00:00:50	12:21:03	176m	4'44"/km
22.	40	00:00:13	12:21:16	38m	5'42"/km
23.	999	00:00:09	12:21:25	40m	3'45"/km

Orienteering Software