

Championnat FRSO de Sprint

Namur - Carrières Asty-Moulin 12.4.2025

ThOR

Eric HULLY

Altair C.O.

Course : H. Masters D

Distance : 1560m

Time : 0:23:51 (15'17"/km)

5/9

O.K.

[Full result on Webres](#)

1. Freddy SILLIEN	0:15:14
2. Jean-Claude DUPONT	0:20:16
3. Alfred RAES	0:20:47

1.	95	00:02:41		
2.	98	00:03:25	00:06:06	
3.	99	00:01:47	00:07:53	
4.	152	00:01:42	00:09:35	
5.	120	00:02:51	00:12:26	
6.	113	00:03:24	00:15:50	
7.	147	00:01:05	00:16:55	
8.	122	00:01:15	00:18:10	
9.	105	00:03:08	00:21:18	
10.	146	00:04:27	00:25:45	
11.	138	00:04:12	00:29:57	
12.	140	00:02:42	00:32:39	
13.	128	00:04:48	00:37:27	
14.	144	00:01:47	00:39:14	
15.	165	00:01:37	00:40:51	
16.	192	04:01:43	04:42:34	
17.	167	00:01:26	04:44:00	65m 22'03"/km
18.	200	00:01:03	04:45:03	80m 13'08"/km
19.	194	00:02:37	04:47:40	198m 13'13"/km
20.	186	00:01:31	04:49:11	119m 12'45"/km
21.	190	00:00:47	04:49:58	88m 8'54"/km
22.	203	00:00:31	04:50:29	67m 7'43"/km
23.	191	00:00:31	04:51:00	67m 7'43"/km
24.	65	00:01:31	04:52:31	174m 8'43"/km
25.	185	00:00:37	04:53:08	63m 9'47"/km
26.	197	00:01:21	04:54:29	96m 14'04"/km
27.	196	00:00:25	04:54:54	40m 10'25"/km
28.	67	00:00:29	04:55:23	30m 16'07"/km
29.	183	00:08:11	05:03:34	126m 64'57"/km
30.	187	00:00:24	05:03:58	45m 8'53"/km
31.	198	00:00:30	05:04:28	62m 8'04"/km
32.	206	00:00:23	05:04:51	37m 10'22"/km
33.	184	00:00:28	05:05:19	30m 15'33"/km
34.	999	00:00:29	05:05:48	80m 6'03"/km