

Prova prática CM 2025

UNIFA 9.4.2025

clube de orientação calção preto

Pinheiro

COCP

Omloop : 01

Afstand : 3000m (Hoogteverschil 20m)

Tijd : 0:24:19 (8'06"/km)

22/30

O.K.

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|----------------|---------|
| 1. Correa | 0:14:10 |
| 2. De Medeiros | 0:16:20 |
| 3. Rãgner | 0:16:28 |

1.	31	00:01:01		113m	9'00"/km
2.	33	00:00:54	00:01:55	129m	6'59"/km
3.	44	00:01:28	00:03:23	226m	6'29"/km
4.	51	00:00:40	00:04:03	40m	16'40"/km
5.	45	00:00:52	00:04:55	142m	6'06"/km
6.	43	00:00:50	00:05:45	135m	6'10"/km
7.	37	00:01:47	00:07:32	170m	10'29"/km
8.	36	00:01:06	00:08:38	105m	10'29"/km
9.	53	00:01:00	00:09:38	194m	5'09"/km
10.	48	00:00:38	00:10:16	140m	4'31"/km
11.	44	00:01:23	00:11:39	183m	7'34"/km
12.	38	00:01:06	00:12:45	72m	15'17"/km
13.	40	00:00:26	00:13:11	91m	4'46"/km
14.	47	00:00:49	00:14:00	123m	6'38"/km
15.	46	00:01:27	00:15:27	59m	24'35"/km
16.	44	00:01:17	00:16:44	228m	5'38"/km
17.	34	00:04:27	00:21:11	97m	45'53"/km
18.	49	00:03:02	00:24:13	114m	26'36"/km
19.	999	00:00:06	00:24:19	28m	3'34"/km

Orienteering Software