

Prova prática CM 2025
UNIFA 9.4.2025
clube de orientação calção preto

Moura

COCP

Omloop : 01

Afstand : 3000m (Hoogteverschil 20m)

Tijd : 0:23:18 (7'46"/km)

18/30

O.K.

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|----------------|---------|
| 1. Correa | 0:14:10 |
| 2. De Medeiros | 0:16:20 |
| 3. Rãgner | 0:16:28 |

1.	31	00:01:22		113m	12'06"/km
2.	33	00:04:03	00:05:25	129m	31'24"/km
3.	44	00:02:06	00:07:31	226m	9'18"/km
4.	51	00:00:48	00:08:19	40m	20'00"/km
5.	45	00:01:20	00:09:39	142m	9'23"/km
6.	43	00:00:55	00:10:34	135m	6'47"/km
7.	37	00:01:42	00:12:16	170m	10'00"/km
8.	36	00:00:43	00:12:59	105m	6'50"/km
9.	53	00:01:38	00:14:37	194m	8'25"/km
10.	48	00:01:00	00:15:37	140m	7'09"/km
11.	44	00:01:09	00:16:46	183m	6'17"/km
12.	38	00:01:04	00:17:50	72m	14'49"/km
13.	40	00:00:36	00:18:26	91m	6'36"/km
14.	47	00:00:49	00:19:15	123m	6'38"/km
15.	46	00:00:47	00:20:02	59m	13'17"/km
16.	44	00:01:22	00:21:24	228m	6'00"/km
17.	34	00:01:05	00:22:29	97m	11'10"/km
18.	49	00:00:41	00:23:10	114m	6'00"/km
19.	999	00:00:08	00:23:18	28m	4'46"/km

Orienteering Software