

Prova prática CM 2025

UNIFA 9.4.2025

clube de orientação calção preto

D'avila

COCP

Omloop : 01

Afstand : 3000m (Hoogteverschil 20m)

Tijd : 0:19:11 (6'24"/km)

10/30

O.K.

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|----------------|---------|
| 1. Correa | 0:14:10 |
| 2. De Medeiros | 0:16:20 |
| 3. Rãgner | 0:16:28 |

1.	31	00:01:10		113m	10'19"/km
2.	33	00:00:54	00:02:04	129m	6'59"/km
3.	44	00:02:14	00:04:18	226m	9'53"/km
4.	38	00:01:08	00:05:26	72m	15'44"/km
5.	40	00:00:28	00:05:54	91m	5'08"/km
6.	47	00:00:43	00:06:37	123m	5'50"/km
7.	46	00:00:27	00:07:04	59m	7'38"/km
8.	44	00:01:53	00:08:57	228m	8'16"/km
9.	51	00:00:34	00:09:31	40m	14'10"/km
10.	45	00:00:55	00:10:26	142m	6'27"/km
11.	43	00:00:42	00:11:08	135m	5'11"/km
12.	37	00:01:18	00:12:26	170m	7'39"/km
13.	36	00:00:48	00:13:14	105m	7'37"/km
14.	53	00:01:06	00:14:20	194m	5'40"/km
15.	48	00:00:54	00:15:14	140m	6'26"/km
16.	44	00:01:59	00:17:13	183m	10'50"/km
17.	34	00:01:13	00:18:26	97m	12'33"/km
18.	49	00:00:38	00:19:04	114m	5'33"/km
19.	999	00:00:07	00:19:11	28m	4'10"/km

Orienteering Software