



Championnat FRSO Middle-Meisterschaft

Emmels-Dickvenn 6.4.2025

O.L.G. St. Vith ARDOC

Frédéric PICARD

CO Liège

Course : H. Masters B

Distance : 4250m (Climbing 55m)

Time : 0:37:28 (8'49"/km)

11/32

O.K.

[Full result on Webres](#)

1. Guido LENGES	0:24:45
2. Nicolas SILLIEN	0:26:32
3. Noël NIJSTEN	0:28:42

1.	120	00:03:18		402m	8'13"/km
2.	97	00:01:12	00:04:30	167m	7'11"/km
3.	152	00:02:30	00:07:00	274m	9'07"/km
4.	95	00:01:27	00:08:27	148m	9'48"/km
5.	150	00:02:15	00:10:42	301m	7'29"/km
6.	147	00:02:22	00:13:04	348m	6'48"/km
7.	122	00:01:13	00:14:17	91m	13'22"/km
8.	105	00:02:32	00:16:49	246m	10'18"/km
9.	133	00:02:44	00:19:33	296m	9'14"/km
10.	145	00:04:16	00:23:49	386m	11'03"/km
11.	143	00:01:05	00:24:54	141m	7'41"/km
12.	146	00:02:15	00:27:09	281m	8'00"/km
13.	138	00:03:22	00:30:31	328m	10'16"/km
14.	140	00:01:49	00:32:20	117m	15'32"/km
15.	128	00:02:08	00:34:28	252m	8'28"/km
16.	144	00:01:14	00:35:42	162m	7'37"/km
17.	165	00:01:16	00:36:58	173m	7'19"/km
18.	999	00:00:30	00:37:28	115m	4'21"/km

Orienteering Software