



Championnat FRSO Middle-Meisterschaft

Emmels-Dickvenn 6.4.2025

O.L.G. St. Vith ARDOC

Knut Jostein SÆTNAN

Fossum IF

Omloop : H. Masters A

Afstand : 4680m (Hoogteverschil 55m)

Tijd : 0:46:51 (10'01"/km)

8/19

O.K.

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- | | |
|------------------------|---------|
| 1. François HANZEN | 0:30:05 |
| 2. Dries VAN DER KLEIJ | 0:32:57 |
| 3. Bart VAN DE MOORTE | 0:34:59 |

1.	104	00:05:07	346m	14'47"/km
2.	120	00:03:22 00:08:29	120m	28'03"/km
3.	97	00:01:28 00:09:57	167m	8'47"/km
4.	100	00:02:42 00:12:39	219m	12'20"/km
5.	117	00:01:08 00:13:47	141m	8'02"/km
6.	116	00:01:36 00:15:23	169m	9'28"/km
7.	147	00:03:23 00:18:46	473m	7'09"/km
8.	122	00:00:54 00:19:40	91m	9'53"/km
9.	105	00:02:20 00:22:00	246m	9'29"/km
10.	133	00:02:49 00:24:49	296m	9'31"/km
11.	135	00:02:52 00:27:41	327m	8'46"/km
12.	145	00:01:05 00:28:46	123m	8'48"/km
13.	146	00:02:54 00:31:40	359m	8'05"/km
14.	138	00:04:01 00:35:41	328m	12'15"/km
15.	140	00:01:28 00:37:09	117m	12'32"/km
16.	141	00:02:03 00:39:12	126m	16'16"/km
17.	142	00:01:48 00:41:00	208m	8'39"/km
18.	149	00:03:19 00:44:19	405m	8'11"/km
19.	144	00:00:56 00:45:15	107m	8'43"/km
20.	165	00:01:07 00:46:22	173m	6'27"/km
21.	999	00:00:29 00:46:51	115m	4'12"/km

Orienteering Software