



Championnat FRSO Middle-Meisterschaft

Emmels-Dickvenn 6.4.2025

O.L.G. St. Vith ARDOC

Lieke VAN OPSTAL

K.O.L.

Strecke : D. Masters A

Länge : 4250m (Steigung 55m)

Zeit : 0:44:04 (10'22"/km)

8/12

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------|---------|
| 1. Netsi WODAJÓ | 0:37:44 |
| 2. Ellen MOLS | 0:38:06 |
| 3. Gabriella ZÁMBÓ | 0:39:12 |

1.	120	00:03:23		402m	8'25"/km
2.	97	00:01:40	00:05:03	167m	9'59"/km
3.	152	00:02:44	00:07:47	274m	9'59"/km
4.	95	00:01:22	00:09:09	148m	9'14"/km
5.	150	00:02:29	00:11:38	301m	8'15"/km
6.	147	00:02:35	00:14:13	348m	7'25"/km
7.	122	00:01:08	00:15:21	91m	12'27"/km
8.	105	00:03:41	00:19:02	246m	14'58"/km
9.	133	00:03:30	00:22:32	296m	11'49"/km
10.	145	00:04:13	00:26:45	386m	10'55"/km
11.	143	00:01:19	00:28:04	141m	9'20"/km
12.	146	00:02:35	00:30:39	281m	9'12"/km
13.	138	00:03:53	00:34:32	328m	11'50"/km
14.	140	00:03:25	00:37:57	117m	29'12"/km
15.	128	00:02:26	00:40:23	252m	9'39"/km
16.	144	00:01:24	00:41:47	162m	8'39"/km
17.	165	00:01:41	00:43:28	173m	9'44"/km
18.	999	00:00:36	00:44:04	115m	5'13"/km

Orienteering Software