



1ª Etapa XXIX COPO 2025
São Miguel do Iguaçu 6.4.2025
Clube de Orientação Cataratas do Iguaçu

Debora Cristina Teixeira Hellstrom

Clube de Orientação Cataratas do Iguaçu

Percurso : Tur D Long

Distancia : 3400m (Desnivel 70m)

Tempo : 1:23:40 (24'36"/km)

6/10

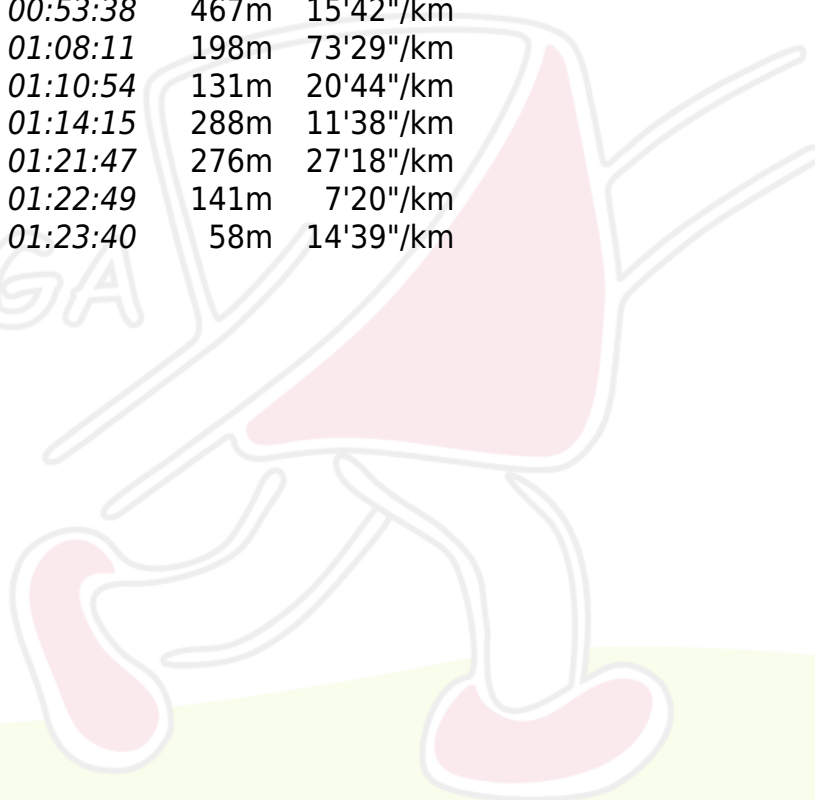
O.K.

[Resultados completos em Webres](#)

- | | |
|----------------------------------|---------|
| 1. Joseane Teixeira Macedo | 0:50:44 |
| 2. Heloisa De Macedo Brondani | 1:05:29 |
| 3. Sinara Tarka Escobar Siqueira | 1:13:40 |

1.	41	00:04:04		126m	32'17"/km
2.	40	00:02:45	00:06:49	178m	15'27"/km
3.	38	00:11:20	00:18:09	403m	28'07"/km
4.	37	00:05:08	00:23:17	281m	18'16"/km
5.	69	00:06:31	00:29:48	208m	31'20"/km
6.	47	00:02:58	00:32:46	168m	17'40"/km
7.	36	00:13:32	00:46:18	433m	31'15"/km
8.	35	00:07:20	00:53:38	467m	15'42"/km
9.	34	00:14:33	01:08:11	198m	73'29"/km
10.	32	00:02:43	01:10:54	131m	20'44"/km
11.	31	00:03:21	01:14:15	288m	11'38"/km
12.	42	00:07:32	01:21:47	276m	27'18"/km
13.	43	00:01:02	01:22:49	141m	7'20"/km
14.	999	00:00:51	01:23:40	58m	14'39"/km

HELGA



Orienteering Software