



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Fabiana/ricardo

VIDA CORRIDA

Percurso : 12 KM DUPLA MISTA

Distancia : 10900m (Desnivel 449m)

Tempo : 5:54:00,710 (32'29"/km)

11/11

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|-------------|
| 1. Vanessa & Jalmir | 4:47:34,316 |
| 2. Barbosa E Gomes | 4:58:01,531 |
| 3. Regina E Milton | 5:04:53,906 |

1.	73	00:15:35		2000m	7'48"/km
2.	71	00:09:01	00:24:36	1000m	9'01"/km
3.	72	00:59:38	01:24:14	2000m	29'49"/km
4.	73	00:26:09	01:50:23	1000m	26'09"/km
5.	999	04:03:37	05:54:00	1000m	243'37"/km

HELGA



Orienteering Software