



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Barbosa E Gomes

Lajenses Aventureiros

Omloop : 12 KM DUPLA MISTA

Afstand : 10900m (Hoogteverschil 449m)

Tijd : 4:58:01,531 (27'20"/km)

2/11

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|-------------|
| 1. Vanessa & Jalmir | 4:47:34,316 |
| 3. Regina E Milton | 5:04:53,906 |

1.	73	00:11:33		2000m	5'47"/km
2.	71	00:05:47	00:17:20	1000m	5'47"/km
3.	72	00:37:52	00:55:12	2000m	18'56"/km
4.	73	00:18:12	01:13:24	1000m	18'12"/km
5.	999	03:44:37	04:58:01	1000m	224'37"/km

HELGA



Orienteering Software