



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

João Nascimento

Assessoria Bruno Italo

Omloop : 12 KM SOLO MASCULINO 50-59

Afstand : 10900m (Hoogteverschil 449m)

Tijd : 5:02:37,097 (27'46"/km)

5/9

O.K.

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- | | |
|-----------------------------|-------------|
| 1. Edvaldo Vicente Ferreira | 4:45:18,332 |
| 2. Luciano Antônio Da Silva | 4:49:52,234 |
| 3. José Jorge De Almeida | 4:51:19,027 |

1.	73	00:10:49		2000m	5'24"/km
2.	71	00:05:21	00:16:10	1000m	5'21"/km
3.	72	00:37:47	00:53:57	2000m	18'53"/km
4.	73	00:18:06	01:12:03	1000m	18'06"/km
5.	999	03:50:34	05:02:37	1000m	230'34"/km

HELGA



Orienteering Software