



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Joelia Cunha Marinho Almeida

SHAKEDASEBÁ

Course : 12 KM SOLO FEMININO 60+

Distance : 10900m (Climbing 449m)

Time : 5:35:06,878 (30'45"/km)

1/2

O.K.

[Full result on Webres](#)

2. Sebastiana Conceicao

5:43:36,062

1.	73	00:14:33		2000m	7'17"/km
2.	71	00:06:54	00:21:27	1000m	6'54"/km
3.	72	00:51:14	01:12:41	2000m	25'37"/km
4.	73	00:22:28	01:35:09	1000m	22'28"/km
5.	999	03:59:57	05:35:06	1000m	239'57"/km

HELGA



Orienteering Software