



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Maria Ivanadja Dias Cardoso

ÁGUIA RUNNER

Course : 12 KM SOLO FEMININO 40-49

Distance : 10900m (Climbing 449m)

Time : 5:47:13,675 (31'51"/km)

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O.K.

[Full result on Webres](#)

1. Valderez Lino Da Silva	5:08:19,304
2. Simone Maria Da Silva Maria	5:26:24,367
3. Eliane Amaro Dos Santos	5:46:50,742

1.	73	00:13:40		2000m	6'50"/km
2.	71	00:08:25	00:22:05	1000m	8'25"/km
3.	72	01:01:53	01:23:58	2000m	30'56"/km
4.	73	00:24:45	01:48:43	1000m	24'45"/km
5.	999	03:58:30	05:47:13	1000m	238'30"/km

HELGA



Orienteering Software