



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Leide / Zezinho

GILDO COSTA ASSESSORIA ESPORTIVA

Circuit : 6 KM DUPLA MISTA

Distance : 6630m (Dénivelé 187m)

Temps : 5:20:20,988 (48'19"/km)

42/42

O.K.

[Résultats complets sur Webres](#)

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|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:28:21 | | 2000m | 14'11"/km |
| 2. | 71 | 00:18:37 | 00:46:58 | 1000m | 18'37"/km |
| 3. | 72 | 00:42:29 | 01:29:27 | 2000m | 21'15"/km |
| 4. | 999 | 03:50:53 | 05:20:20 | 1000m | 230'53"/km |

HELGA



Orienteering Software