



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Rafael E Mari

SEM EQUIPE

Course : 6 KM DUPLA MISTA

Distance : 6630m (Climbing 187m)

Time : 4:31:27,312 (40'57"/km)

34/42

O.K.

[Full result on Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:17:42 | | 2000m | 8'51"/km |
| 2. | 71 | 00:13:43 | 00:31:25 | 1000m | 13'43"/km |
| 3. | 72 | 00:21:43 | 00:53:08 | 2000m | 10'51"/km |
| 4. | 999 | 03:38:19 | 04:31:27 | 1000m | 218'19"/km |

HELGA



Orienteering Software