



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Valdes

SEM EQUIPE

Course : 6 KM DUPLA MISTA

Distance : 6630m (Climbing 187m)

Time : 4:19:05,773 (39'05"/km)

20/42

O.K.

[Full result on Webres](#)

1.	Leide Laura E Júnior Lúcio	4:02:54,265
2.	Junior E Ana	4:06:15,089
3.	Rose E Jhon	4:06:59,519

1.	73	00:14:54		2000m	7'27"/km
2.	71	00:07:56	00:22:50	1000m	7'56"/km
3.	72	00:20:01	00:42:51	2000m	10'00"/km
4.	999	03:36:14	04:19:05	1000m	216'14"/km

HELGA



Orienteering Software