



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Laninha E Sandoval

SUPERAÇÃO RUNNER

Strecke : 6 KM DUPLA MISTA

Länge : 6630m (Steigung 187m)

Zeit : 4:11:31,855 (37'56"/km)

7/42

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:10:35 | | 2000m | 5'18"/km |
| 2. | 71 | 00:11:28 | 00:22:03 | 1000m | 11'28"/km |
| 3. | 72 | 00:15:27 | 00:37:30 | 2000m | 7'43"/km |
| 4. | 999 | 03:34:01 | 04:11:31 | 1000m | 214'01"/km |

HELGA



Orienteering Software