



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Família Almeida

KAMIKAZE ADVENTURE PILAR

Omloop : 6 KM DUPLA MISTA

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:09:06,945 (37'34"/km)

5/42

O.K.

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|-------------------------------|-------------|
| 1. Leide Laura E Júnior Lúcio | 4:02:54,265 |
| 2. Junior E Ana | 4:06:15,089 |
| 3. Rose E Jhon | 4:06:59,519 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:12:11 | | 2000m | 6'06"/km |
| 2. | 71 | 00:05:44 | 00:17:55 | 1000m | 5'44"/km |
| 3. | 72 | 00:16:17 | 00:34:12 | 2000m | 8'09"/km |
| 4. | 999 | 03:34:54 | 04:09:06 | 1000m | 214'54"/km |

HELGA



Orienteering Software