



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Ninha/sol

Equipe Josefa de Melo

Percurso : 6 KM DUPLA FEMININA

Distancia : 6630m (Desnivel 187m)

Tempo : 4:29:08,410 (40'36"/km)

11/23

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|-------------|
| 1. Ste E Yasmin | 4:04:29,488 |
| 2. As Reclameixons | 4:11:40,546 |
| 3. Vanessa / Simone | 4:13:58,261 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:17:47 | | 2000m | 8'54"/km |
| 2. | 71 | 00:09:17 | 00:27:04 | 1000m | 9'17"/km |
| 3. | 72 | 00:23:10 | 00:50:14 | 2000m | 11'35"/km |
| 4. | 999 | 03:38:54 | 04:29:08 | 1000m | 218'54"/km |

HELGA



Orienteering Software