



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Erasmo Marques

SELVA RIO LARGO ADVENTURE

Course : 6 KM SOLO MASCULINO 30-39

Distance : 6630m (Climbing 187m)

Time : 4:19:16,292 (39'06"/km)

20/37

O.K.

[Full result on Webres](#)

1. Emerson Lemos	3:57:46,558
2. Rodrigo Henrique	3:59:32,101
3. Yuri Amaral	4:00:09,933

1.	73	00:15:32		2000m	7'46"/km
2.	71	00:08:53	00:24:25	1000m	8'53"/km
3.	72	00:19:18	00:43:43	2000m	9'39"/km
4.	999	03:35:33	04:19:16	1000m	215'33"/km

HELGA



Orienteering Software