



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Yuri Amaral

PILAR RUNNING

Percurso : 6 KM SOLO MASCULINO 30-39

Distancia : 6630m (Desnivel 187m)

Tempo : 4:00:09,933 (36'13"/km)

3/37

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|-------------|
| 1. Emerson Lemos | 3:57:46,558 |
| 2. Rodrigo Henrique | 3:59:32,101 |

1.	73	00:10:06		2000m	5'03"/km
2.	71	00:04:34	00:14:40	1000m	4'34"/km
3.	72	00:12:07	00:26:47	2000m	6'04"/km
4.	999	03:33:22	04:00:09	1000m	213'22"/km

HELGA



Orienteering Software