



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Carlos Rodrigues

Equipe Arábia 77

Course : 6 KM SOLO MASCULINO 18-29

Distance : 6630m (Climbing 187m)

Time : 3:56:25,511 (35'40"/km)

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O.K.

[Full result on Webres](#)

1. DIEGO FERREIRA	4:01:08,007
2. Izaías Rodrigues	4:02:30,085
3. Luciano Nascimento	4:02:34,347

1.	73	00:07:34		2000m	3'47"/km
2.	71	00:04:05	00:11:39	1000m	4'05"/km
3.	72	00:11:31	00:23:10	2000m	5'46"/km
4.	999	03:33:15	03:56:25	1000m	213'15"/km

HELGA



Orienteering Software