



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Josilda Galdino Sampaio

ÁGUIA RUNNING

Circuit : 6 KM SOLO FEMININO 60+

Distance : 6630m (Dénivelé 187m)

Temps : 4:26:52,968 (40'15"/km)

9/13

O.K.

[Résultats complets sur Webres](#)

- | | | |
|----|------------------------|-------------|
| 1. | Maria Do Carmo De Lima | 4:16:45,250 |
| 2. | Rosilda Oliveira | 4:21:21,386 |
| 3. | Edleuza Silva | 4:21:22,175 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:16:46 | | 2000m | 8'23"/km |
| 2. | 71 | 00:08:44 | 00:25:30 | 1000m | 8'44"/km |
| 3. | 72 | 00:22:17 | 00:47:47 | 2000m | 11'09"/km |
| 4. | 999 | 03:39:05 | 04:26:52 | 1000m | 219'05"/km |

HELGA



Orienteering Software