



## TRAIL RUN PARADISE - ETAPA 2

### MACEIÓ - AL 30.3.2025

### PARADISE

**Sônia Rodrigues Souza Menezes**

VIDA CORRIDA

Strecke : 6 KM SOLO FEMININO 60+

Länge : 6630m (Steigung 187m)

Zeit : 4:24:07,001 (39'50"/km)

**4/13**

O.K.

[Vollständige Ergebnisse auf Webres](#)

- |    |                        |             |
|----|------------------------|-------------|
| 1. | Maria Do Carmo De Lima | 4:16:45,250 |
| 2. | Rosilda Oliveira       | 4:21:21,386 |
| 3. | Edleuza Silva          | 4:21:22,175 |

- |    |     |          |          |       |            |
|----|-----|----------|----------|-------|------------|
| 1. | 73  | 00:15:37 |          | 2000m | 7'49"/km   |
| 2. | 71  | 00:08:46 | 00:24:23 | 1000m | 8'46"/km   |
| 3. | 72  | 00:21:32 | 00:45:55 | 2000m | 10'46"/km  |
| 4. | 999 | 03:38:12 | 04:24:07 | 1000m | 218'12"/km |

HELGA



Orienteering Software