



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Maria Cicera Nascimento

É NOIS

Omloop : 6 KM SOLO FEMININO 50-59

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:24:24,277 (39'53"/km)

6/13

O.K.

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- | | |
|---|-------------|
| 1. Maria Anilda | 4:18:34,316 |
| 2. Maria De Lourdes Da Silva Santos | 4:19:03,609 |
| 3. Carmem Lucia Da Silva Oliveira Lucia | 4:19:50,437 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:15:54 | | 2000m | 7'57"/km |
| 2. | 71 | 00:08:37 | 00:24:31 | 1000m | 8'37"/km |
| 3. | 72 | 00:21:36 | 00:46:07 | 2000m | 10'48"/km |
| 4. | 999 | 03:38:17 | 04:24:24 | 1000m | 218'17"/km |

HELGA



Orienteering Software