



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Silvana Alves

É NOIS

Circuit : 6 KM SOLO FEMININO 50-59

Distance : 6630m (Dénivelé 187m)

Temps : 4:20:52,203 (39'21"/km)

5/13

O.K.

[Résultats complets sur Webres](#)

1. Maria Anilda 4:18:34,316
2. Maria De Lourdes Da Silva Santos 4:19:03,609
3. Carmem Lucia Da Silva Oliveira Lucia 4:19:50,437

1.	73	00:14:03		2000m	7'02"/km
2.	71	00:07:44	00:21:47	1000m	7'44"/km
3.	72	00:20:19	00:42:06	2000m	10'09"/km
4.	999	03:38:46	04:20:52	1000m	218'46"/km

HELGA



Orienteering Software