



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Cicera Maria Conceição

100 STRESS

Omloop : 6 KM SOLO FEMININO 50-59

Afstand : 6630m (Hoogteverschil 187m)

Tijd : 4:20:20,761 (39'16"/km)

4/13

O.K.

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|----|--------------------------------------|-------------|
| 1. | Maria Anilda | 4:18:34,316 |
| 2. | Maria De Lourdes Da Silva Santos | 4:19:03,609 |
| 3. | Carmem Lucia Da Silva Oliveira Lucia | 4:19:50,437 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:15:23 | | 2000m | 7'41"/km |
| 2. | 71 | 00:08:09 | 00:23:32 | 1000m | 8'09"/km |
| 3. | 72 | 00:19:43 | 00:43:15 | 2000m | 9'51"/km |
| 4. | 999 | 03:37:05 | 04:20:20 | 1000m | 217'05"/km |

HELGA



Orienteering Software