



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Renata Santos Ferreira

FORÇA E SUPERAÇÃO

Circuit : 6 KM SOLO FEMININO 18-29

Distance : 6630m (Dénivelé 187m)

Temps : 4:31:10,273 (40'54"/km)

15/26

O.K.

[Résultats complets sur Webres](#)

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|-------------------------------|-------------|
| 1. Dara Vitoria Silva Santos | 4:08:05,230 |
| 2. Maria Tereza Catunda | 4:10:33,664 |
| 3. Wdirlene Vitória S Lamenha | 4:11:32,152 |

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|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:16:53 | | 2000m | 8'26"/km |
| 2. | 71 | 00:10:27 | 00:27:20 | 1000m | 10'27"/km |
| 3. | 72 | 00:22:36 | 00:49:56 | 2000m | 11'18"/km |
| 4. | 999 | 03:41:14 | 04:31:10 | 1000m | 221'14"/km |

HELGA



Orienteering Software