



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Érika Rodrigues

FOCO NA TUA VIDA

Percurso : 6 KM SOLO FEMININO 18-29

Distancia : 6630m (Desnivel 187m)

Tempo : 4:19:41,265 (39'10"/km)

7/26

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Dara Vitoria Silva Santos | 4:08:05,230 |
| 2. Maria Tereza Catunda | 4:10:33,664 |
| 3. Wdirlene Vitória S Lamenha | 4:11:32,152 |

- | | | | | | |
|----|-----|----------|----------|-------|------------|
| 1. | 73 | 00:13:54 | | 2000m | 6'57"/km |
| 2. | 71 | 00:08:34 | 00:22:28 | 1000m | 8'34"/km |
| 3. | 72 | 00:19:12 | 00:41:40 | 2000m | 9'36"/km |
| 4. | 999 | 03:38:01 | 04:19:41 | 1000m | 218'01"/km |

HELGA



Orienteering Software