



TRAIL RUN PARADISE - ETAPA 2

MACEIÓ - AL 30.3.2025

PARADISE

Eliege / Sergio

PANTERA RUNNING

Percurso : 12 KM DUPLA MISTA

Distancia : 10900m (Desnivel 449m)

Tempo : 5:17:02,171 (29'05"/km)

7/11

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|-------------|
| 1. Vanessa & Jalmir | 4:47:34,316 |
| 2. Barbosa E Gomes | 4:58:01,531 |
| 3. Regina E Milton | 5:04:53,906 |

1.	73	00:13:28		2000m	6'44"/km
2.	71	00:07:42	00:21:10	1000m	7'42"/km
3.	72	00:46:22	01:07:32	2000m	23'11"/km
4.	73	00:20:25	01:27:57	1000m	20'25"/km
5.	999	03:49:05	05:17:02	1000m	229'05"/km

HELGA



Orienteering Software